HERE'S A BUTTONLESS FROCK, A DISCOVERY OF M'LISS

It's for Slip-on Occasions and Was Invented by One of Philadelphia's Clever Girl

You know the feeling. It's just like this: You've had a hard day what with spring housecleaning and all that. It's Thursday afternoon and the maid is out. But you must have a nap. And so you undress-quite. Just when you are utterly disheveled and deshabille, the doorbell rings-first, normally, then inquisitively and finally insistently.

You are torn between conflicting emotions, as the novelists would say. To answer or not to answer. Of course, it may be only the mail man. In that case you might let him ring, knowing that in the end he would shove the missive under the door and go away. But then, it is quite possible that it is that nice Mrs. Blank whom you have wanted to see for such a length of time and whose husband can help yours in business greatly. It would be exceedingly bad if she called and got no response. An unfavorable impression

But to dress becomingly-that takes time, as every wise woman knows. And to dress carelessly and quickly, that is unwise. Oh, dear! What shall be done?

A clever Philadelphia girl, Mrs. Ella Neely McCoy, has saved the day. In her sunshiny studio in Washington Square the other afternoon she showed me a charming slip-on frock that she has designed and executed for just such rush occasions. Ordinarily you think of a garment that has no buttons, that can be got into with magical speed, that costs but little and is easily made, as belonging to the ever-growing family of freaks.

But Mrs. McCoy's invention is no freak. If you don't believe me, see elsewhere on this page for an illustration of it. It is charming in its becoming simplicity and, according to the assertion of its designer, can be made by the veriest tyro in the dressmaking art.

"Challis," she told me, exhibiting a fascinating one that she has constructed for herself, "is an ideal material for these delightfully cool spring days. But cooler material, of course, must be used for a frock to be wern in the summer, It should be opaque, however, for the chief virtue of the garment is lost, if it cannot be slipped over a chemise in a moment's time, without advertising the fact that one has not had time to slip on much besides.

With three and a half yards of material," she continued enthusiastically "even the modern bouffant tendency can be achieved in the slip-on frock. For medium sized person only one half yard is required for the little bodice, which is cut on the Chinese kimono pattern. The remainder is used in the skirt, which is of the two-piece circular variety. One gets in and out by way of the neck. And it takes just about as long to don as a nightgown!"

Truly it is an interesting little creation. And I'm not so sure that it wouldn't be adaptable for occasions more formal than just those brought about by the exigencies of maid's day out.

Judy O'Grady's in Khaki

"The women of the nobility," declares Lady Colebrooke, daughter of Lord Paget, who arrived in America several days ago, "who work in the munitions factories, wear blue and the others wear khaki."

One is tempted to ask if the ladies who thus demean themselves by performing the same tasks in the same places with the common head, carry with them their lorgnettes to better see the work they are doing.

It is a pity to give to what might have been really noble work the aspect of a fad. Much praise has been sung in the name of the English women of the aristocracy for the manner in which they have put their hands to the plow in the hour of their country's need. One rather imagined them taking off their jewels and getting down to real work, instead of donning gloves to keep off soil. Lady Colebrooke has dispelled this illusion. Doubtless working "among the masses" is the fashion now, just like slumming used to be.

The bringing of caste into the munitions factories is a contemptible thing. If there is to be a differentiation in the garb worn, it should be one based on merit. The woman who produces the highest grade of work should wear the blue uniform, not she whose father is a lord.

Letters to the Editor of the Woman's Page Address all communications to M'Liss, care of the Evening Ledger. Write on one side of the paper only.

Fish Au Gratin

regulation cream dressing which is used on codfish and other dishes. Now cover again with the fish and a bit of chopped

A fayer of grated Parmesan or any other theese you have on hand should then be added. Bake in the oven until the cheese

Baked Eggplant

"Something new in eggplants" is eggplant gratin. It isn't the ordinary au
gratin arrangement, calling for cheese, but
It's a very simple way to dress the deliclous vegetable. Slice your eggplant into
rather thick sections, then coat with
tomato or white sauce.

Eake for 15 or 20 minutes in a mod-

Bake for 15 or 20 minutes in a moderately hot oven. The best way to treat these thick slices of eggplant. In order to extract all the water from them, is to

put them under a heavy weight for an hour or so. Plenty of sait should be sprinkled on the slices.

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a Package

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side of the paper only.

If A. S. G. will send me a selfaddressed stamped envelope her query will
be answered by mail.

Dear M'Liss: Can you tell me who is
in charge of the eugenic station somewhere in New York? I have been told
that he will send literature and advice to
people who are going to get married reguiding hereditary traits. Can you tell me who is
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alices as you can get out, and add a bit of onion, butter, seasoning and a couple of ripe tomatoes, sliced thin. If you have some mashed white potain your ice chest, line a baking dish with them, allowing them to extend over the edge of the dish slightly. Now lay the fish across the bottom of the pan. Cover with a layer of white sauce—the

cover all over with a top layer of mashed potatoes. Fut the whole thing into the oven and bake until brown.

silence I grieve

Left-over Roast

A delicious way to utilize the fish leftovers is to make fish au gratin. Any kind
of fish may be used, and the dish is truly
economical, especially during Lent, when
fish is so high. Take about two cupfuls
of the fish, well boned, flaked and cooked.

If you have some mashed white notaif you have some mashed white

Add any gravy you may have left over, or dip each slice in flour before browning. Fill the dish haif full of this mixture, then

The Lovers

That thy heart could forget,
Thy spirit deceive.
If I should meet thee
After long years,
How should I greet thee? With silence and tears.
-Lord Byron.

SLIP-ON FROCK FOR RUSH OCCASIONS



Designed by Mrs. Ella Neely McCoy, clever Philadelphia girl, to meet the needs of the woman caught at an inopportune moment in the midst of her housework when the door bell rings and the maid is out. The frock has no buttons and no opening except at the neck.

Delicious Cheese Rolls

The saind course without the accompaniment of cheese and crackers is quite impossible. A nice way to prepare cream cheese so that it is soft enough to spread

on toasted crackers is the following: Have ready a good-sized bowl, into which you can put a cream cheese and much it with

lives, plain or stuffed; a quarter teasp

Sparkling Glassware

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large enough to accommodate it.

French dressing.

do the rest. Try it.

Est. 1861

Easter Cakes

Did you ever make the kiddles any aster cakes? These are the cutest things you ever saw, for they are baked right inside the shell of the eggs which are used in making the cake.

Just remove the contents of the eggs and keep the shells unbroken, clean them out through the hole in the end, and shake olive oil around them to grease the inside. Now fill with any good cake batter—also through the hole, which, by the way, should be about the size of a

two-thirds is full enough. Stand the shells upright in a baking pan and cook as usual. Let them cool thoroughly beshells upright in a baking pan and cook as usual. Let them cool thoroughly be-fore serving. The kiddles will be more than surprised when they see the little cakes inside of the shells. It is a dainty surprise for an Easter luncheon, too, if the top of the hole is closed with different colored icings.

Garnish for Game

If you decide to have some fancy game at your formal dinner party, a very smart way to dress up the bird is to garnish it with orange or lemon straws. To make them, cut the fruit peel into

narrow strips.

Have ready a syrup of granulated sugar and water; a cupful of each is the right proportion. Put the rinds into clear. Remove, roll in coarse white sugar, lay on sheets of brown paper and lay in a cool, dry place until they become

Improving on Lemonade

When you want to make lemonade, hot or cold, try boiling the sugar and lemon juice together before adding the water. This will do away with the stirring difficulty, and the taste of the beverage will be improved. The same applies to any drink containing sugar.

Precaution

"Self-Help"

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the lines of the human figure are more beautiful than

those of unnatural corsets; the stimulating, vibrant joy of

perfect health is thoroughly desirable because it's Nature's

Nature's color is better than any artificial pigment;

Has your corset anything to do with your health-

He'll tell you that many women suffer from pains in

If you feel that you cannot afford a regular table pad, try putting rounds of waxed paper underneath the centrepleces on the table.

Marion Harland's Corner

German Potato Salad

P. H. asked for a recipe for German t German girl. Cook small potatoes with skins on. Peel them and chop or silce as you choose. Make a dressing of a heaping tablespoon of lard, a heaping tablespoon of four, a teaspoon or so of sugar, and pour in a cup of vinegar when the flour and fat are well blended. Let all cook till and fat are well blended. Let all cook this thick. Onlors sliced thin may be added to the potatoes. Pour dressing over them, mix well, and, if you have it, add a small quantity of cream. Of course, use sait and pepper according to taste. Here is German potato salad No. 2: Roll potatoes with coats on. Peel, cut up, and put in the bottom of a big dish. Slice raw cabthe bottom of a big dish. Slice raw cabbage on top of this and throw on the mixture. Fut butter or lard into a frying pan, slice in a couple of enions and fry until they are done. Stir in a little flour and pour on milk till all is as thick as cream, add sait and pepper. Pour over the potatoes and cabbage. Mix thoroughly and add vinegar to taste. I hope P. H. may find these good. Both are right from German cooks and claimed to be fine by the Germans who ato them. Either of these may be garnished with hard-boiled eggs sliced.

I. H." eggs sliced.

Our versatile "standby" comes to the front with a double-headed response to the petition of a member for a thoroughly trustworthy formula for German potato salad. Odd, isn't it, that just now we should be in receipt of six or eight applications for the Teutonic dish.

Angel's Food

"I would ask you for recipes for a good potato salad, a good cake, one that can be served with ice cream and other delicate dessert, and for Thousand Island dressing. "A. M. G."

The potato salad has just been given— and with emphasis. I know of no more delicious cake to be served with ice cream than this: Angel's food—Sift a teaspoon of cream of tartar six times with half a cup of flour. Whip the whites of six eggs until they stand alone, then gradually stir into them a half cup of granulated sugar and the sifted flour. Beat hard, turn into a clean, ungreased pan with a funnel in the middle. Bake in a steady oven until













Says Mother's Son

"My dog, Duke, he has no sense. I guess I'll lick him.

"This morning when I was eating my Cream of Barley he jumped up and tried to eat out of my dish.

"I know Cream of Barley is awfully good, but he ought to have more sense. I guess I'll lick him."

Writing to Four "We have left about 15 of the 2-minute phonograph records. Mrs. S. K. G. might like them for her children's entertainment. If you will send me her address I will forward them. I have written four Cornerlites who have wanted books, muste and correspondence and have had a prompt reply from Mrs. J. S. B. regarding the books, which I will forward as soon as I can which I will forward as soon as I can

a straw comes out clean from the thickest part. Turn the pan upside down upon a clean towel, and as the cake cools it will slip out of the th. When coid ice the bottom and sides of the loaf. Will some one send in the recipe for Thousand Island dressing?

Weither to Down the thickest neighbor's cose!' be deed, if not put into see deed, if not put into see that the the third that moves many a humble constant dusty highways of life. We trace it in every line of the quiet "report" of work done for love's sake by the Cornerite who homors us by bearing the title. The address for which she asks went at once to her by mail.

Curried Rice

phonograph records. Mrs. S. K. G. might like them for her children's entertainment. If you will send me her address I will forward them. I have written four Cornerlites who have wanted books, music and correspondence and have had a prompt reply from Mrs. J. S. B. regarding the books, which I will forward as soon as I can.

"KATHERINE W."

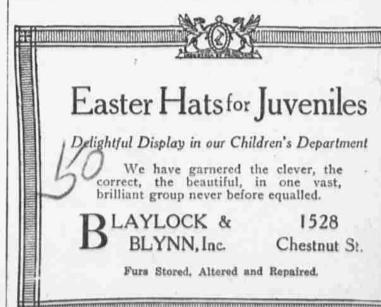
One of the prayers in a little book, "Yet Another Day," closes with: "May I delight to use my strength in carrying my

Curried Rice

"This is a recipe for curried rice: Slice an onion and fry in hot fat until slightly browned. Add to this a tenspoonful of curry powder and a teaspoonful of curry powder and a te

BAKING POWDER Absolutely Pure No 'Alum — No Phosphate







GRANULATED back and head, that they have indigestion and intestinal SUGAR trouble because they don't wear a proper supporting corset. And it he's a wise physician, he'll suggest, as most doctors do, that you get a Wonderlift Corset. in 2 or 5 pound cartons, or in 2, 5, 10, 25 or 50 pound Nemo Self-Help Wonderlift Corsets are first of all beautifully stylish corsets. They reproduce with graceful There is a Franklin sugar fidelity the latest fashion silhouette. But they are different from any other corsets ever made. Besides pertect style and supreme comfort, they have an exclusive, semi-elastic instants, adjustable Bandlet, which lifts up the abdomen and firmly supports the delicate internal organs. No harmful pressure-not the slightest discomfort. Those wise women who wear them know the joy of teeling right as well as looking right. Six models-one for every type of figure. \$5.00 and \$10.00 At Good Stores and Shops NEMO HYGIENIC FASHION INSTITUTE, NEW YORK CITY,

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with the way you feel?

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